

Restored

a Healing Care Group

Restored is a therapy group for people ready to break free from emotional pain. Experience this 12-week journey toward emotional healing through evidence-based and trauma-informed counseling techniques, ancient Christian practices, and the Healing Care model.

You will hear from God, lean on Him more fully, and learn tools to navigate your *past, present and future* with a sense of JOY and PURPOSE.

*Do any of these statements feel true?
This group might be a good fit if:*

- Difficult past experiences remain unhealed
- You experience a deep sense of loss or shame
- You don't believe you are who God says you are
- You experience emotional unrest
- You feel defeated by anxiety
- You're angry because you need change
- You feel stuck or spiritually stagnant
- You are tired of hiding... running... numbing

Group Facilitators:

Mandy Jabbour, LSW & Cassy Wimmer, LSW

Therapy Group Cost:

\$20 per two-hour session

To register, please call [412-748-1430](tel:412-748-1430)
or email restoredtherapygroup@gmail.com

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Healing Care Group

9:00-11:00AM

12 WEDNESDAYS

9/11/19 - 12/11/19

Allegheny Center Alliance Church
Union Place Building, Room 206
801 Union Ave.
Pittsburgh, PA 15212

Registration deadline:
August 15

Register soon! Space is limited.

“He heals the broken-hearted and binds up their wounds.” (Psalm 147:3)